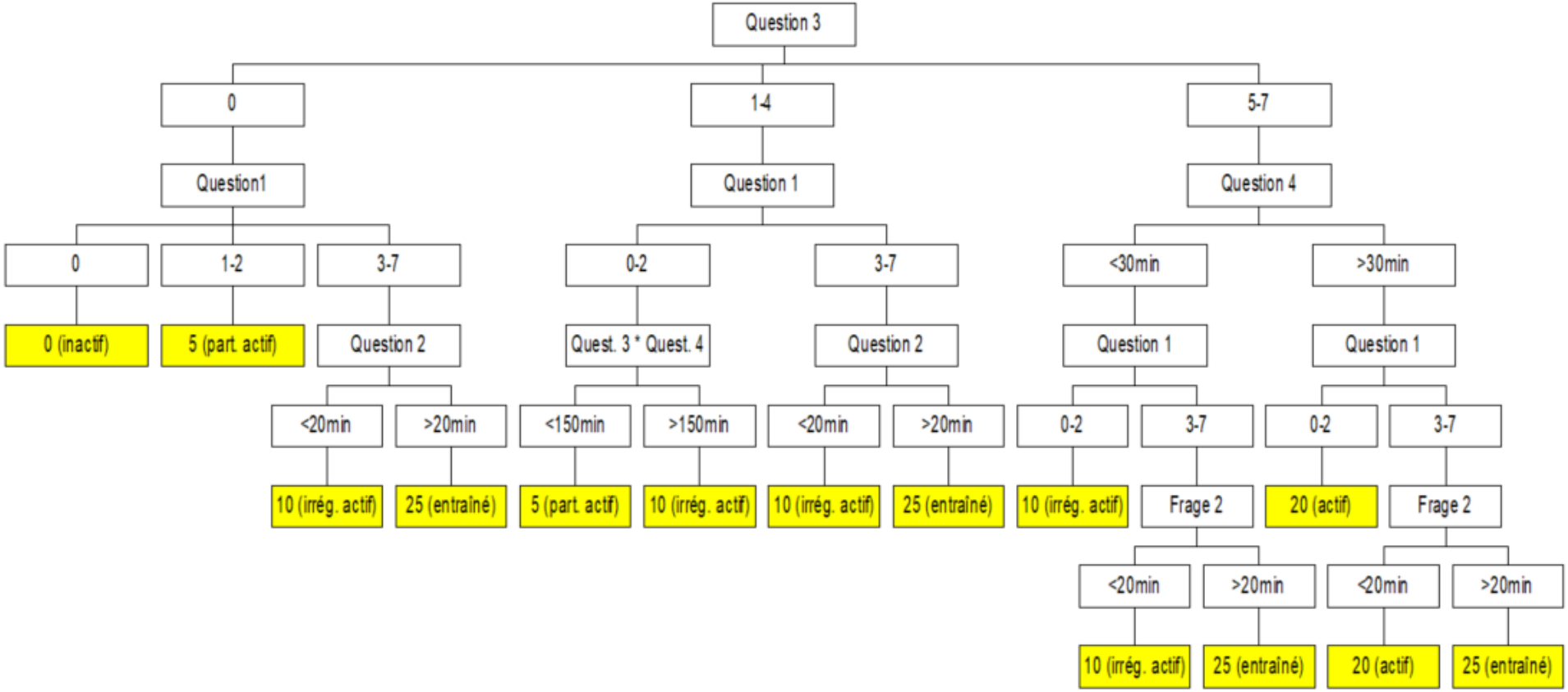Comportement en matière de sport et d'activité physique [points]